

Bush Tucker Pack

P5

Apium prostratum

Sea Parsley

height: 0.5m



Related to the European parsley, this plant adds a peppery flavour to any dish harvesting the leaves and stems. The sea parsley grows well in sandy and salt tolerant conditions.

Billardiera fusiformis

Australian Bluebell

height: 0.5m



The blue bell shaped flowers are in bloom from Jan - Feb and Oct - Dec. A low rambling plant, it can be trained up a fence or structure.

Dioscorea hastifolia

Warrine

height: 3m



A perennial climber growing to 3m long with yellow flowers from April - July. A bush tucker species with edible long thin tubers that can be eaten raw or lightly roasted with butter and a pinch of salt.

Enchylaena tomentosa

Ruby Saltbush

height: 0.6m



Succulent short needle like leaves, the shrub has a spreading habit forming small edible berries all year round.

Platysace deflexa

Youlk

height: 0.5m



Tuberous perennial herb or shrub growing up to 0.5m high. White flowers in bloom from Jan to Dec. Tuberous roots can be harvested with taste similar to a carrot and sweet eucalypt flavour.

Tetragonia tetragonoides

Warrigal Greens

height: 0.5m



A compact native ground cover with lush green leaves and small yellow flowers spreading up to 2m. The leaves are a popular alternative to spinach, preparing them by blanching the leaves for 3-4min and discarding the water.