

WA Disabled Sports AssociationAll Abilities Recreation



WCE / All Abilities Recreation (WADSA) Theory of Change

By having West Coast Eagles representatives attend WA Disabled Sports Association's (WADSA) *All Abilities Recreation* sessions,

we promote opportunities for accessible and inclusive physical activity in our community through encouraging people to attend and inspiring them to participate in a range of sports and other recreational activities,

contributing to improved physical, mental and social health among participants* and increased connections and participation in our community**.

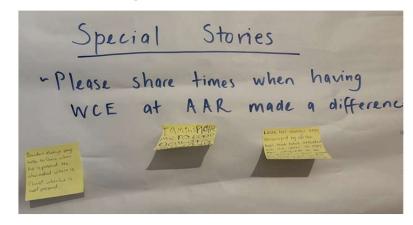
*WADSA outcomes

**Community Benefits Strategy objectives.

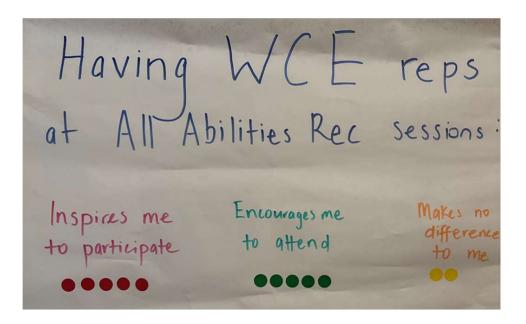
Participant and carer feedback

41.67% of the participants said having WCE reps at AAR sessions inspired them to participate
41.67 % said it encouraged them to attend
16.67% said it made no difference to them.

Total positive score = 83.33%



"B always says hello to Kris when he is present. He also always asks 'where is Kris?' when he is not present."



"I am inspired to keep going to the activities."

"L has always been encouraged by all the [WCE] reps that have attended over the years. He enjoys their willingness to be his partner in team games and bringing out his fun, competitive side in bowling."

Participant and carer feedback

When we went to Optus [Stadium]
Kris came with us. It was just
beautiful, Optus, and Kris has a
background with Optus so it was
good to hear his stories...
Also tennis. He was very
encouraging at tennis."
(Interview with participant.)





"[My son] has been coming to AAR for 6 months and it's been the best thing ever... Having WCE reps at the sessions is very important. Our family loves football...and [my son] has been encouraged to become more interested and involved with football with WCE at the sessions."

(Interview with a carer.)

Facilitator and evaluator feedback

It has made a real difference
having WCE at the sessions. Each
of the different reps has been
fantastic. Sometimes participants
are dropped off by their carers so
having the extra people in the
room really helps.
(Feedback from facilitators.)





The room lit up when Kris [from WCE] arrived. There was a noticeable change in the energy and joy on the court. He and the other WCE reps were really good at ensuring all the participants had turns with the ball and felt confident joining in.

(Observations from evaluators.)

Community Benefits Strategy

Program 3: Supporting Local Community Organisations

All Abilities Rec (WADSA) - Program Logic Model

Inputs	Activities	Outputs	Short term outcomes	Mid-term outcomes	Impact
WADSA staff, budget, resources, expertise Venues across ToVP and neighbouring	Weekly sessions covering a range of sports and other recreational activities are held during the	40 sessions per year	Participants have access to sports and recreational activities	Participants experience: Improved physical health and fitness	Community Benefits Strategy objectives: Our community is filled with opportunities for
suburbs External trainers WCE representatives	School term. During 2025, sessions included	15 regular participants	Participants feel safe to engage with sports and recreational activities	Improved mental and emotional wellbeing Improved social skills and connections	people to connect, participate and contribute to and with each other.
attend All Abilities Rec sessions to encourage and inspire attendees to participate in sporting and recreational activities.	RugbyBowlingArt and crafts	1 – 3 WCE representatives attend each session	Participants and their carers make social connections	Improved cognitive and skill development	Each person's environment is safe and secure to allow everyone to live rich and full lives

Degree of alignment to Theory of Change: **83**%

