

ANNUAL ACTION SUMMARY 2025-26

PUBLIC HEALTH & WELLBEING STRATEGY

Pillar 1: Healthy and Active
A Town that empowers and enables its community to achieve optimal mental, physical and social wellbeing.

30 ACTIONS COMPLETED
9 IN PROGRESS

1. Our community will live active lifestyles.

This year we had:
3596 Health and Fitness memberships
1413 Swim School enrolments
8% growth in total visitations to Leisurelife and Aqualife

Results from the 2025 Community and Wellbeing Survey showed:
81% of respondents are active for 3 or more hours per week, an **increase of 10%** since 2023
Our public health education and wellbeing programs scored **60**, an **increase of 4 points** since 2023 and 8 points above the benchmark
80% of respondents use local paths and cycleways for exercise or recreation at least once a month.

850 people and **22** local clubs participated in **Community Day** with **100%** survey respondents reporting increased awareness of local sporting activities.

"Great turnout! Very well run event with lots to do."
(Community Day participant)

Pillar 1: Healthy and Active (continued)

In 2025/26 we delivered:

3 free skatepark coaching sessions reaching **104** community members (ages 5-25 years)
All respondents rated the event as **Excellent** with **99%** of survey respondents reporting that activities made them feel safe alongside **89%** felt high levels of connection

Over +**300** school patrols completed by the Parking & Rangers team supporting safe routes to schools

Various physical literacy programs and initiatives targeting key priority population groups and encouraging healthy lifestyles including monthly Chair Yoga with **118** attendees and CookBook Club

Services and opportunities at Leisurelife and Aqualife which support community achieving the recommended physical activity guidelines including Have-A-Go days, Mental Health Be Active Day, post-natal and family fitness classes, Sound Healing, Mobility workshops and Gym challenges plus usual ongoing group fitness and Senior Circuit classes

Various grants, sponsorships and donations provided to continue to support and build a vibrant and diverse community

6 yoga at the Circus with bike mechanic reaching **75** Burswood community members

"This is such a wonderful activity for the community – I have made so many friends and getting to know others in the community"
(Burswood yoga participant)

Pillar 1: Healthy and Active (continued)

2. Our community is more mentally healthy.

Results from the 2025 Community and Wellbeing Survey showed:
81% respondents agree that they have a sense of purpose, an **increase of 2%** since 2023 and 3% above the benchmark
Wellbeing index score of **59** for mental health, **up 2 index points** since 2023 and on par with the benchmark
65% respondents agree that they can access support and help when needed, an **increase of 9%** since 2023 and **8% above the benchmark**

949 people participated in **2025 Mental Health Week** activities with
94% survey respondents reporting that activities had **a positive impact on their mental health**

170+ people participated in the **2025 Perinatal Mental Health Week** activities with
Participants reported activities had an average **positive impact on their mental health** of **93%**

224 people participated in **2025 PrideFEST** activities with
Participants reported an average **increased feeling of wellbeing** of **78%** from the activities

"The event was excellent, very welcoming with lots of fun activities and informative stalls giving out great goodies. Was great to see activities for the kids which felt very welcoming and wholesome. Jamie was so friendly and helpful and did a great job of promoting mental health week"

("Shine On" 2025 Mental Health Week event participant)

Pillar 1: Healthy and Active (continued)

3. Our community makes healthier choices.

Results from the Community and Wellbeing Scorecard showed:
The following areas have maintained or improved since 2023, with all areas scoring above the benchmark:

- Personal health
- Diet and Nutrition
- Fruit and vegetable consumption
- Reduced fast food and alcohol consumption and smoking.

The Town promoted healthy eating choices through access to **20** blender bike bookings, plus provision of LiveLighter campaign resources at community events and spaces.

23 young people learnt to cook healthy food at **2** Foodbank nom Youth! Sessions.
Participants reported an average **increased feeling of wellbeing** of **80%** from the activities.

The monthly Goodness me! e-newsletter distributed to **2000+** subscribers.

Sun Safe, Clear the Air and Alcohol Think Again health campaigns and messaging promoted on the Town's Health & Wellbeing website.

Pillar 2: Empowered and Connected
A Town that enables social connection and embraces equity, diversity and inclusion in the community.

16 ACTIONS COMPLETED
4 IN PROGRESS

4. Our community leads in active transport and infrastructure.

Results from the Community and Wellbeing Scorecard showed:
71% respondents use public transport at least once a month
53% use local paths and cycleways to commute at least once a month

In 2025/26 we delivered:

- **50** Pram Walking Group sessions for **264** participants
- **81** Seniors Walking Group sessions for **746** participants between July and December 2025.
- Walking Circles and an Active Photography Walking Group
- Open Streets event led by WestCycle in partnership with the Department of Transport activated Westminster Street, East Victoria Park
- Archer Street protected bike lanes project
- Delivered **6** Mobile Bike Mechanic Pop-ups throughout the Town offering free community bike servicing
- Lathlain Safe Hour event for Lathlain Bike Bus reaching over **+100** community members
- McCallum Park launch event with bike themed activities, mobile bike mechanic and free community rides

Pillar 2: Empowered and Connected (continued)

5. Social connection and wellbeing is strengthened in our community.

Results from the Community and Wellbeing Scorecard showed the following areas have maintained or improved since 2023, with all areas scoring above the benchmark:

- Reconciliation action
- Diversity
- Sense of belonging
- Personal relationships

Burswood and Lathlain reported high levels of community spirit and connectedness, with Burswood scoring significantly higher than in 2023. Carlisle is a target area for improvements in perceptions of community spirit and belonging.

Actions addressing social connection and wellbeing were delivered through the following in 2025/26:

- Reconciliation Action Plan
- Access and Inclusion Plan
- Youth Action Plan
- Safer Neighbourhoods Plan

Pillar 2: Empowered and Connected (continued)

6. Community members have volunteering opportunities and support.

- Continued My Community Directory, including a Give Local tab listing volunteering opportunities within the Town
- Distributed funding through Community Grants, Operating Subsidies and Peppercorn Leases to groups and organisations that provide volunteering opportunities
- Delivered Success Series supporting community, local club staff and volunteers with **80% satisfaction** rate from attendees
- Celebrated National Volunteer Week hosting a Volunteer Sundowner with **110** attendees in partnership with Volunteer WA
- Introduced an Intergenerational Program encouraging community volunteers 50+ years of age with **97% feeling part of their community**

Since 2023, participation in local giving and volunteering activities **increased by 3%** points. Demographics reporting the highest levels of engagement with local philanthropy or volunteering in 2025 are:

- Females
- People with school-age children
- People who have retired
- People living in the suburb of Victoria Park.

Pillar 3: Safe and Resilient

A Town that is adaptable and resilient to change and dedicated to a safe and sustainable community.

10 ACTIONS COMPLETED
2 IN PROGRESS

7. Our community has safe streets and spaces.

- Provision of the Rangers services
- Delivery of the Safer Neighbourhoods Plan
- Child Safe Organisation Officer appointed and draft Child Safe Organisation Awareness Report developed
- Supported activation of John Macmillan Park through planned events and the removal of hire fees for community use
- Delivered Community Day for over **850** attendees and **89.3%** saying its important the event happens here
- Engaging Outreach Service's to conduct regular patrols
- Promoted safer roads through Bike Month initiatives
- Promoted active travel maps of the Town on the Health and Wellbeing webpage
- Delivered **5** x self defence sessions for young people with over **40** attendees

Results from the Community and Wellbeing Scorecard showed a score of **73** points for safe streets and spaces, an **increase of 4 points** since 2023

Pillar 3: Safe and Resilient (continued)

8. Our community is environmentally protected and sustainable.

- Delivery of the Urban Forest Strategy
- Urban Forest At Home with **1,120** households registered to participate
- Community Planting Day with **207** registrations and **112** attendees
- Distribution of funding through the Urban Forest grants
- Distribution of funding through the Adopt-A-Verge grant
- Distribution of funding through the Reusable Sanitary Product and Reusable Nappy rebate programs
- Rebates, information sessions and more delivered, including:
  - Swedish Death Cleaning
  - Reusable Nappy workshops
  - ReWILD Your Garden: How to get started
  - ReWILD Natives in small spaces
  - Cockitrough talk
  - FOGO pop-ups and talks
  - Slow Stitch workshop
  - Lets Grow Grant Workshop

Pillar 3: Safe and Resilient (continued)

9. Our community prioritises accommodation and homelessness support.

- Maintenance and promotion of the People in Need and Homelessness webpage
- Maintenance and distribution of the Support Services Directory (physical and online)
- Provision on an Outreach Service.
- Homelessness Week 2025 initiative: Oz Harvest Cooking for a Cause

Results from the Community and Wellbeing Scorecard showed an overall standard of living score of **82**, 5 points higher than the benchmark.
Like the rest of the State, the housing affordability score has decreased since 2023, but is 3 points above the benchmark.

Actions addressing homelessness support were delivered through the Homelessness Implementation Plan.